

## ***Drinks...***

### **Hot Drinks**

Coffee / Hot Choc / Chai Latte 3.50 / 4.20

Extras: Soy / Rice / Coconut / Almond (un-sweetened)

Teas 3.50

LSD (brewed) 5.00 Soy/Almond/Coconut Chai (brewed) 5.50

Coconut, Cacao & Honey Hot Chocolate 4.50 / 5.50

### **Fresh Juices 7.50 / 9.00**

**No. 1** Apple, orange & pear

**No. 2** Apple, mint, pineapple, celery & cucumber

**No. 3** Carrot, beetroot, apple, celery & ginger

**No. 4** Watermelon, apple & mint

**Extras:**

.50 lemon / ginger

1.50 spinach / spirulina / cacao / chia

2.00 maca / protein

### **Dairy Smoothies 7.50 / 9.00**

**Pantry Pash:** Passionfruit, banana, honey, frozen yogurt, milk

**Cinnamon Kiss:** Cinnamon, banana, frozen yogurt, honey, milk

**Banana:** Banana, honey, frozen yogurt, milk

**Banana Express:** Banana, coffee, honey, frozen yogurt, ice cream, milk

**Berry Blitz:** berries, honey, frozen yogurt, milk

**Mango:** mango pieces, mango nectar, frozen banana, frozen yogurt

**Extras:** Soy / Rice / Coconut / Almond (unsweetened)

## **Dairy Free Smoothies 7.50 / 9.00**

**Love me Blue:** Blueberry, banana w ginger & apple juice

**Kiss me Crazy:** Strawberry, kiwi & banana w apple juice

**Spin me Silly:** Cinnamon, banana, & spinach w apple juice

**Nut Me up:** almonds, cacao, banana, rice milk

## **Specialty Smoothies: 9.50 Regular Size only**

**Green Energy:** Spinach, spirulina, banana and pear blended with apple juice and coconut water

**Green Cleanse:** Spinach, spirulina, banana and green apple blended with ginger, celery, cucumber juices and coconut water

**Acai:** Acai, berries, banana and apple juice. *With coconut water 11.00*

## **Milkshakes 5.50 / 7.00**

Vanilla, Caramel, Chocolate, Coffee, Strawberry, Banana (made with real fruit!)

**Extras:** Soy / Rice / Coconut / Almond (unsweetened) / Malt

## **Iced Drinks 5.50 / 7.00**

Choc / Coffee / Chai